

# When I play in the snow, among other things I develop...



Is winter a necessary evil or an opportunity to promote learning? Here, we opt without hesitation for the second option. It is so much fun to play outside during any season!

## Physical and motor



- My gross motor skills by developing my muscles, endurance and coordination when sliding, walking on this soft or slippery surface with my big boots and snowsuit, by adapting my movements to the quantity of snow on the ground, by carrying my buckets filled with snow, by manipulating my tools in different ways with my mittens. I move and fill my lungs with fresh air.

## Cognitive



- My creativity when building snow castles, making snow cakes, coming up with a variety of new games.
- My ability to experiment, to find solutions and to make connections between concepts: for my castle to be solid, I must fill my bucket tightly, if I leave my ice cube in the sun it will melt.

## Language



- My ability to ask for help when I need it, to request, to discuss, to babble, to share my ideas, to explain my projects, to ask questions, to formulate sentences, since we all share this moment together, chatting happily.
- My graphic development, when I trace images in the snow.

## Social and emotional



- I have a positive connection with nature and I adopt healthy habits by going outside to play even when it is cold, gray, snowing, windy, etc., to get used to enjoying what nature has to offer even when it is not warm and sunny. It also stimulates my ability to adapt.
- My ability to collaborate, help others and resolve conflict.