

When I play in the mud, among other things I develop...

Ah mud! Pleasure for some, reluctance for others, but a learning opportunity for all. With the right clothes, of course!



Physical and motor



- My tactile sense, even through my mittens but even more so without them, and my tolerance to getting dirty.
- My body awareness, feeling my feet sink into the mud, watching the water move as I move.
- My coordination when I pour my containers at different speeds.

Cognitive



- My symbolic function, when pretending to prepare a magic potion or to be the swamp monster.
- My awareness of mathematics when comparing quantities (there is more mud here, it is shallower there) and by measuring how deep I can sink my shovel.

Language



- My language, by talking about what we see, what we do or by sharing my discoveries and ideas for projects on which we could collaborate, like a big mountain.
- My graphic development when tracing letters, images or basic patterns on the ground with a twig.

Social and emotional



- My ability to adapt to different weather conditions that allow me to experience different sensations (smell of mud, feeling of humidity, warm clothes...)*.
- My ability to take positive initiatives while following instructions (I can dig here but I can't empty my bucket on my friend's head).

*also part of the physical and motor development