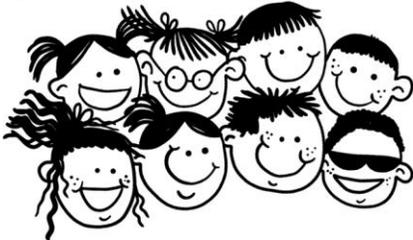


## PROMOTING SOCIAL DEVELOPMENT BULLYING

### There are 4 Different Types of Bullying

- **Verbal:** saying or writing mean things (i.e. name-calling, taunting, threats to cause harm and inappropriate sexual comments).
- **Social or Relational:** hurting someone's relationships or reputation (i.e. spreading rumors about someone, embarrassing them or leaving someone out on purpose).
- **Physical:** hurting a person's body or a person's belongings (i.e. taking or breaking someone's things, hitting, spitting or pushing).
- **Cyber:** bullying that takes place online using electronics.



### What to Do

Always greet children by name as they enter your program. Create a greeting ritual. Be sure to make eye contact and smile at each child.

Create and post clearly defined guidelines for behaviour expectations somewhere easily visible throughout the environment. Children need to know what is expected of them in terms of appropriate behavior. Use positive language in the expectations, such as "respect yourself, others and your environment at all times" instead of "no hitting."

Allow time for the exchange of feelings. It is important for children to feel safe expressing their feelings, talking about what worries them or sharing happy news. Create a time for this whenever possible by having group discussions or a space in the learning environment for sharing and listening.

### The Learning Environment

- Create a zero-tolerance policy for bullying. Children must feel that they can be themselves without the fear of being bullied.
- Create an ongoing program that motivates children to be kind to another (i.e. Fill your bucket).
- Model respectful behaviours. Children will watch you and learn from your behaviours.

### Teacher Response

- Be consistent and fair when resolving conflicts and communicating behaviour expectations.
- Develop positive relationships with all children.
- Reinforce positive behaviours and create a program that encourages acts of kindness.
- Model appropriate behaviors and social skills (children watch and listen).
- Be excited and interested in children's work.